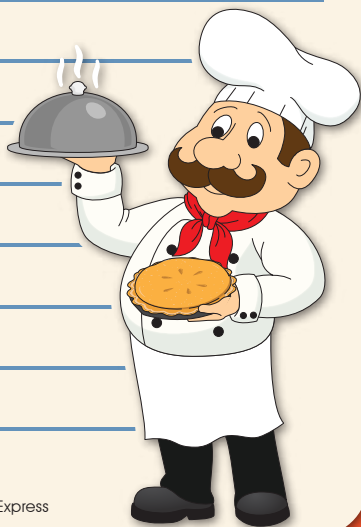


# Grocery List

- [illegible]



## Spotted Snack

### Ingredients:

round crackers  
softened cream cheese  
red food coloring  
raisins or currants

**Have children wash their hands. Use food coloring to tint the softened cream cheese red like a ladybug's shell. Invite children to spread the tinted cream cheese onto round crackers with knives. Then, invite them to place raisins or currants on top of the cheese for spots, counting the spots as they are added. Enjoy the tasty snack!**

## Fruity Frozen Treats

### Ingredients:

**3 ripe peaches, peeled and diced**  
**1 cup mango, peeled and diced OR frozen**  
**1 1/4 cups peach OR mango OR orange juice**  
**2 T. lime juice**  
**3 T. honey**

**Invite children to wash their hands and help you wash and dice the fruit. Invite them to take turns helping you place ingredients in blender. Have them back away while you turn on the blender and watch as you blend the ingredients until smooth. Offer spoons to taste the liquid, and add more fruit, juice, or honey as desired.**

**Pour the mixture into freeze pop molds or small cups. (Place foil over cups and poke a craft stick through the middle as a handle.) Freeze overnight. Release the frozen treats from the molds by running them under warm water, and enjoy outside in the summer sunshine!**